

in Kooperation mit:

## CONTACT

### berami berufliche Integration e.V.

Nibelungenplatz 3 / City Gate, 60318 Frankfurt

Dr. Anna Guhlich

Tel. +49 (0) 69/913010 -74

Mobil: 0176 13860084

Dr. Aniko Kovacs-Bertrand

Tel. +49 (0) 69/913010 - 32

Shabana Maliki

Tel. +49 (0) 69/913010 -72

E-Mail: triplee@berami.de, www.berami.de

### infrau e.V. (Lotsenstelle Kinderbetreuung)

### Interkulturelles Beratungs- und Bildungszentrum für Frauen, Mädchen und Seniorinnen e.V.

Anne Buchheister

Höhenstraße 44, 60385 Frankfurt

Tel.: +49 (0) 69/45 11 55

ab@infrau.de, www.infrau.de

### Projekt Moses Jugend und Sozialwerk e.V.

Hannah Kearns, Zerai K. Abraham

Rehstraße 23c, 65933 Frankfurt

Tel.: +49 (0) 69/900 294 70

Mobil: 0155 6046 6051

E-Mail: h.kearns@myubuntu.de

www.projektmoses.de

Das Projekt „Triple E - Encouraged! Empowered! Employed! - Frankfurter Migrantinnen\* starten durch“ wird im Rahmen des Programms „My TURN - Frauen mit Migrationserfahrung starten durch“ durch das Bundesministerium für Arbeit und Soziales und die Europäische Union über den Europäischen Sozialfonds Plus (ESF Plus) gefördert.

Gefördert durch:

Weitere Förderer:

## ENCOURAGED! EMPOWERED! EMPLOYED! FRANKFURT MIGRANTS\* GET STARTET



Illustration: OpakWerbeagentur, inspiriert durch  
This is What a Feminist Looks like in Frankfurt

- Do you have a migration background and live in Frankfurt?
- Do you want to work or take training?
- Do you need support to understand the German education system?
- Would you like to improve your German?
- Would you like to learn how to work with a computer, tablet or smartphone?
- Are you looking for help to find childcare?

- We support you in understanding the world of work and starting your career
- We offer you training to improve your knowledge of working in Germany, with your computer and smartphone
- We will inform you where you can continue learning German – including childcare
- We will help you on your way to graduation, work, internship or study

- We take the time for you and will be happy to answer all your questions!
- Our advice is free of charge!

For more information, visit our website. :

[www.triple-e-frankfurt.de](http://www.triple-e-frankfurt.de)

Follow us !



In the Triple E project, three different organisations work together and advise...

...  
on the  
subject of  
work and  
career  
berami e.V.

...  
about  
childcare  
options  
infrau e.V.

...  
in Amharic  
and  
Tigrinya  
Projekt  
Moses e.V.

We also speak Arabic, English, French, Italian,  
Spanish and Czech

Our training courses take place all year round at  
berami, from 9 a.m. to 1 p.m.

You can reach us at Nibelungenplatz 3, just 10 minutes  
from Konstablerwache

All training courses are free.